Lip Bumper

♦ The purpose of the Lip Bumper is to create room on the lower jaw for the permanent teeth and maintain the width of the lower arch.

♦ You may have some soreness of the molars (back teeth) for the first few days. Usually Advil or Tylenol will help to relieve this discomfort.

♦ It is normal for a red line to develop on the side of the cheek and inside the lip. This is actually a sign you are doing a good job wearing the lip bumper.

♦ The Lip Bumper needs to be cleaned thoroughly each day with your toothbrush, after each meal and at bedtime. (We recommend that you do not remove the Lip Bumper for the 1st week to clean it)

♦ Rinsing with a warm salt-water solution (1 tsp. salt to 1/2 cup water) will also help prevent problems and soothe minor discomfort.

♦ If an open sore develops on the inside of the lip or cheeks: Remove the Lip Bumper (be sure to place it in the case we provided) for 3 days and then try wearing it again. If you have a recurrence of the sore when the lip bumper is replaced in the mouth, remove the Lip Bumper and call the office right away.

♦ Do not interfere with the Lip Bumper by moving it with your tongue or fingers.

♦ KEEP IN MIND THAT EACH VISIT IS ONE STEP CLOSER TO A BRIGHT SMILE!